



# THE MARYLAND WING SAFETY MONTHLY



APRIL 2024

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## PILOT'S CORNER



**AIRSPEED AND IDEAS.** Everything you do as a pilot effects airspeed...and airspeed keeps us flying. Ideas are important too. So to run out of airspeed and ideas at the same time is disastrous. To prevent that occurrence, prioritization (applying your ideas the right way at the right time), is essential while you are maintaining proper airspeed control. You have heard it said before: fly the airplane—which begins and ends with maintaining flying speed. And in respect to ideas, safe flight management requires that we always make the most conservative decision.



## REALLY!?

The below cartoon is not a joke. A lot of hazards can be avoided by exercising common sense and having a wingman. The shredder guy should have asked his wingman first.



"There is nothing in the safety manual that says don't sit on the paper shredder!"

## ACTIVITY SAFETY RM



- Planning**
- Include all sub-activities in risk assessment (sports, food service, transportation, etc.)
  - Conduct assessment throughout planning process (vs. all at the end)
  - Assign roles to mitigation supervision
- Staffing**
- Safety officer requirements – acquire a trained safety officer at the beginning of the process
  - The activity SE should have either previously served as an activity SE or possess a Technician level in the Safety Specialty track.
  - Ensure adequate adult participation to address mitigation supervision responsibility
- Real-time Risk Management**
- Daily briefings on safety hazards, expectations of participants
  - Go/No-Go thresholds based on adequate mitigation/supervision needs
- After-Action Reviews**
- What worked?
  - What happened that wasn't expected?
  - How did the unexpected get addressed?

## ACTIVITY SAFETY OFFICER

**IMPORTANT REMINDER:** if you wish to serve as an Activity Safety Officer you must complete the Activity Safety Officer course in AXIS LMS *before* being appointed to the activity.

[Go To AXIS](#)



## HERITAGE & SAFETY

Our current day Civil Air Patrol would not exist if it was not for the dedicated members who came before us. Among the excellent ideals they personified (such as country, freedom, and professionalism), was safety in all operations. Safety has had an integral part in sustaining the organization through the years. Let's continue this vital heritage.



## CADET CORNER



A successful and safe career requires each cadet to honor our CAP core values, especially that of integrity. This value

in part is demonstrated by remaining accountable to each other and our superiors for all conduct and performance. In safety, we particularly want all members to report safety issues so they can be prevented in future, *and* to report them without fear of punishment. Accountability drives us to speak up, even when we are at fault. Let's keep each other safe and report safety issues.

## WISDOM



Wisdom is knowing you cannot solve problems unless they are faced head-on. And you do not have to go it alone. Use all resources.



## TRAINING

By

Capt Eran East, NM-073

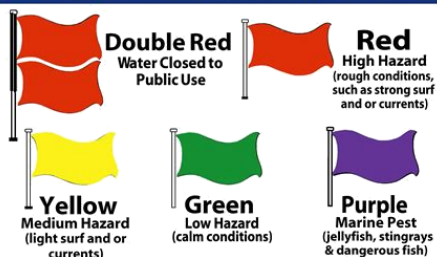
How does a program director meet their curriculum's goals while maintaining safety when some activities have an inherent level of risk? As leaders in Civil Air Patrol – down to the squadron commander – we are duty-bound to maintain the safety of our members. Perhaps the biggest part of this is creating a safety-minded culture with members who are first vigilant and confident to report any hazard they encounter, but this confidence can be easily broken with just one interaction with a commander that results in confrontation, rebuke, or inattention from the leader. Our first responsibility as leaders is to listen to our members' concerns with respect. Along with listening to your people, we need to utilize and train them. A leader utilizes their people when they use a member's experience and knowledge to address safety issues, you may be surprised what creative mitigations can come out of this.

## SPRING BREAK STARTS HERE...

Heat and sun protection are important in the Spring, especially if you're emerging from a long, cold winter. You can also try to prevent skin cancer by using a good quality sunscreen, with an SPF of at least 15 (45 is better), wear sunglasses to protect your eyes and protective (ultraviolet-blocking) clothing. As the day warms up drink plenty of fluids (remember the signs at Encampment about hydration) and rest frequently in shady areas.



## BEACH FLAG WARNING SYSTEM



## CAPR 160-1 IN FOCUS

160-1.1.5.2.2



Because a just culture requires **accountability**, everyone in CAP should be confident that members

will be held responsible for negligence or failure to abide by laws and regulatory guidance. If there is evidence that a mishap occurred due to negligence or intentional act, commanders will determine the appropriate remedy and handle any disciplinary action outside of the safety review channels. Commanders will reinforce the tenet that a member can be a necessary and appreciated part of improving safety processes while still being held administratively accountable

## THE SAFETY DICTIONARY

**ACCOUNTABLE**— an acceptance of responsibility for honest and ethical conduct towards others. The obligation to report, explain, or justify something.

## CAPR 160-2 IN FOCUS

160-2.5.7.2 - Senior Members are responsible for actively participating in the safety reporting, reviewing, and action planning processes.



## SAFETY DAY / ORM

Congratulations and many thanks to Maryland Wing for meeting the required Safety Day / ORM deadline. Well done!



## SAFETY IN THE MOVIES



Among the many lessons to be learned from this iconic 1993 film, there are two that significantly stand out as safety hazards. First, just because you *can* do something (like create dinosaurs), does not mean you *should* do that something. This points to insufficient risk analysis prior to embarking on the exercise. Secondly, the insufficient risk analysis can lead to insufficient containment or risk controls.

In the movie we discover that the insufficient risk controls (all of the fences, electronic measures, razor wire, and so on), eventually proved inadequate to contain their own creations. Consequently, people died.

## SAFETY AIM



Our safety aim in respect to the above article is to ensure a proper proposed event analysis is performed so that the right people, controls, and supervision are in place. So let's:

- Identify the hazards.
- Assess the risks.
- Develop controls and make decisions.
- Implement (*adequate*) controls.
- (*continuously*) Supervise and evaluate.
- Don't get eaten.



## SPRING BREAK SAFETY SPECIAL



### EMERGING FROM WINTER



### Take a Safety Break for Spring

Maj. Randall "Randy" Ankrom, Safety Officer, IN-806

Spring Break, the new American holiday was previously for college students heading to Florida for a week. Now, many families plan a family vacation for Spring Break week. If you plan to take a vacation over spring break, do not leave your Safety Sense at home. Always remember that All Accidents Are Preventable! If you ever had an accident, and if given a chance to do it over, what would you change to avoid the accident? So, why do we have so many accidents? Most accidents occur when we are in either in a rush or exhausted, these are two prime causes. Therefore, not paying full attention, we lose our "Situational Awareness," which is being familiar with the elements in the environment, completely understanding the situation, and analyzing what could the potential future outcome be.

On spring break, we are constantly on the move to try to pack all the activities we can do into a day, this can be tiring. Whatever you do on spring break, always take time to think of the hazards and risks that are involved and the possible consequences of your actions. For example, if you are going swimming at a beach. Don't just jump in, think about the situation first. What are the hazards and risks involved with this event? Are there any lifeguards, are there warning signs such as rip tides, are there other swimmers or people in your group that could help if you get in trouble, can you swim? If the answers are NO here, you should find something else to do or a safer place to swim. Just taking a few minutes for a Safety Break will provide great benefits for having a pleasant and safe Spring Break. This ensures that everyone returns home safe to their families at the end of the break.

### PERSONAL SAFETY



#### Being Safe During Spring Break

2d Lt. Francis O'Looney, Safety Officer, PA-066

Spring Break is the time many students transform from studying to tranquility. After working through the fall semester and thoughts of the impending end of year exams, spring break is the ideal opportunity to let your hair down. You can rejuvenate your thoughts and prepare for the final few months of the academic year. A week at the beach, at Disney, or at a resort. What more could any student wish for? Students should be extra vigilant during this time and be mindful of your actions. There are several aspects to be aware of, personal security and personal safety. The temptation to follow the crowd can be overwhelming, especially when away from the supervision of your parents or other adults. Overindulgence in alcohol and drug use is a major threat, excessive alcohol usage can seem irresistible in the moment until you wake up in the ER suffering from alcohol poisoning, visiting the local police station or worse.

Illegal substances are sadly too easily available and unscrupulous drug dealers will prey on those whose guards are down. Always avoid unsafe and illegal activities, a conviction can ruin a promising college and professional career. When you are on your break, enjoy yourselves, live life to the fullest, stay safe and remember our motto, Semper Vigilance, always vigilant or always ready.

#### Tips For Staying Safe During Spring Break:

- Avoid going out alone, especially at night or visiting any unfamiliar places.
- Be careful about what you post on social media and how you share your location.
- Never leave a drink unattended, be mindful of your alcohol use and your friends.
- Always be attentive to your surroundings and secure your belongings.
- If transportation is needed use a reputable company.
- Keep your phone charged, a portable charger and a list of your emergency contacts.
- Before your trip pack any necessary medications.
- Keep a written copy of the address and phone number of your hotel, the phone numbers of the friends you're traveling with, in case your phone dies or gets lost or stolen.

