



THE MARYLAND WING SAFETY MONTHLY



JANUARY 2026



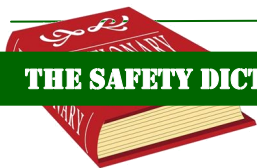
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The Safety Way

Every living organism wants to perpetuate its existence. It is built in. But for us to perpetuate our existence and to do so with health and quality, safety has to be our first and most essential mental habit. And that habit has to lead to action. That also works for an organization. For us to perpetuate a valuable and effective organization like Civil Air Patrol, safety and risk management has to be first in our thinking and that thinking has to be translated into safe practices. So as we move into the new year, let's renew that good mental habit and practice for a safe and effective 2026. That is The **Safety Way**.

THE SAFETY DICTIONARY



Perpetuate - to preserve from extinction or oblivion. To enable or allow the continuation of into the future.

WISDOM



Wisdom is seeing danger ahead and avoiding it. It is planning ahead and being critical of each situation to ensure safety.

Safety is like a seatbelt – you may never need it, but you will really wish you had that seat belt when you *do* need it.



THE PILOT'S CORNER - SNOW



The Eskimos have many words for snow. It is estimated they have up to 50. We have only two: INCREASED RISK. Here are some important guidelines:

All contamination on an aircraft must be removed prior to flight (we discussed the effect of ice in last month's newsletter). Snow is not your friend either. As with ice it not only reduces airfoil effectiveness but under certain conditions it can turn to ice.

Also, it is important to understand that snow on a runway will slow acceleration during takeoff and require a longer runway length than normal. Snow can also effect ground handling and worse—hide ice lurking quietly underneath. Consequently, steering and braking are less efficient. A good crosswind will just make it worse.



How many risks can you identify in the above photo?

If you have to fly following a snow fall, be extra cautious. Regardless of the weather you should always begin your preflight with a RISK MANAGEMENT evaluation.

Finally, falling snow produces accumulation on aircraft surfaces. The best flying you can do under this condition is in the hanger.





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CAPR 160-1 (I) IN FOCUS - NATIONAL

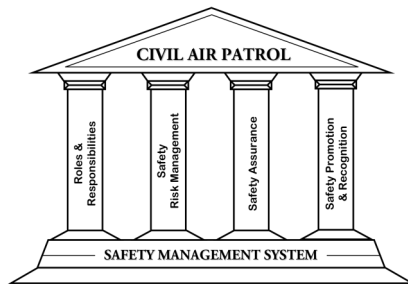
CAPR 160-1 (I) 1-3. National Positions. The National Commander will appoint a Chief of the CAP Health Service, CAP/HS. The chief advises the National Commander on matters of health service policy and activities and is the chair of all Health Service Working Groups. The CAP/HS must be a health professional, who will, by training and experience, demonstrate attitude, knowledge and/or skills in areas such as aerospace medicine, prevention, wellness, health promotion, health education and readiness.

CAPR 160-1 IN FOCUS - CAP/SE

CAPR 160-1 2.6.1.1. CAP/SE is responsible for the management of the CAP SMS, to include interpretation of program guidance and monitoring compliance with program elements.

CAPR 160-2 IN FOCUS - SAFETY REVIEWING

CAPR 160-2 7. Safety Reviewing. Safety reviews are required on all SSOs meeting the criteria in Section 6.1 of this regulation except those that are closed as "First Aid Only" by the responsible region or wing commander or director of safety. Refer to Attachment 4: Safety Reporting, Reviewing, and Action Planning for additional supporting guidance for safety reviewing.



Your Director of Safety receives phone calls, text messages, emails. You can contact Lt Col Ray Phillips at: rphillips@md.cap.gov / 301-667-9652



Greetings to all Commanders and Safety Officers. The clock has already begun its journey to March 31st. The Wing and each unit must comply with CAPR 5.2.1.4 Annual Safety RM Day prior to that date. To assist you, I will prepare the Wing briefing and post it to our safety library if you wish to use it. Please plan ahead. Thank you.



PERSONAL HEALTH & SAFETY

Aristotle is credited with saying, "We are what we repeatedly do. Excellence, then, is not an act but a habit." So is exercise.

Increase your safety in 2026 with regular exercise. It has multiple benefits including, but not limited to, weight management, improved mood, enhanced energy levels, better sleep quality, and reduced risk of chronic diseases such as heart disease and diabetes. It can also reduce anxiety and depression. All these things and improve your well-being.



CADET CORNER—PERSISTENCE



To perpetuate, or in other words, keep things going, is an essential part to a cadet's success and the success of the other members of your unit. Safety requires that we perpetuate the safe and successful practices and immediately stop the unsafe ones. As a cadet you are in a very important phase in life both inside and outside of Civil Air Patrol. It is a learning phase. Among those learning experiences is developing the skill and staying power to keep the good things going. Never give up on the good things...especially your safety and the safety of your comrades.

SAFETY GEAR IS NOT A DECORATION. WEAR THEM ALL AND WEAR THEM PROPERLY.

PPE

PERSONAL PROTECTIVE EQUIPMENT

